# nenu

substitute gluten free Native Bread toast for \$2.50

## garden toast \$14

add eggs \$3 Avocado, preserved lemon, cherry tomato, pickled onion, ricotta smear, on semolina

# smoked salmon toast \$18

add eggs \$3 Hot smoked salmon, cream cheese, capers, pickled onion, black pepper, preserved lemon, on semolina

# honev butter toast \$12

House brioche coated with honey butter, topped with house whipped

# acaí bowl \$14

Served chilled. Berries, house cashew granola, almond butter, coconut, minty herbs

House buttermilk biscuit, sausage gravy, bacon, sunny egg, cheddar cheese\*

# fajita bowl \$18

Marinated steak, bell pepper, jalapeno, charred onion mole, redskin potato, scrambled egg, avocado, tomatillo salsa, corn tortilla chips

# quinoa breakfast bowl \$15

add eggs \$3 Quinoa, sun dried tomato, arugula, brussel sprouts, black beans, agave drizzle, avocado

# power bowl \$15

add chicken or hot smoked salmon \$7 Couscous, asparagus, sweet potato, mushroom, spinach, onion

# chorizo grits bowl \$15

add chicken, shrimp, or steak +\$7 Chorizo, cheesy grits, sauteed zucchini, tomato, black bean, topped with pineapple guajillo salsa

add chicken, chicken salad, hot smoked salmon, shrimp or steak \$7, salmon filet \$14 to any salad

# chop chop salad \$16

Mixed greens, bacon, sunflower seeds, egg, avocado, tomato, pickled red onion, buttermilk blue cheese dressing

## mediterranean salad \$14

Mixed greens, pico, couscous, feta, roasted tomato, kalamata olive, Greek dressing

# rachel from Friends salad \$15

Chilled quinoa, feta, cucumber, chickpea, mint, parsley, red onion, lemon vinaigrette

# poached pear salad \$14

Mixed greens, spinach, poached pear, goat cheese, roasted sweet potato, crispy chickpea, golden raisin, creamy cranberry dressing

## served with choice of milk, OJ or soft drink

#### grilled cheese \$10

Served with small side of fruit or fries

#### mini basic b \$10

Eggs your way, choice of meat, toast or biscuit\*

# garden table

# korean bbq burger \$18

sub GF bun \$4 Beef or veggie patty, bacon, cheddar, korean bbq sauce, arugula, caramelized onion on brioche bun. Served with fries.

# breakfast sammie \$16

Egg, cheddar, and choice of bacon (yam, lamb, or black pepper) on baguette, side of skhug sauce\*

#### breakfast burrito \$18

cover in queso \$4 Egg, chorizo, sweet potato, pico de gallo, shredded cheese, side of salsa verde\*

# BLT smash \$15

add eggs \$3 Avocado, black pepper bacon, greens, tomato, sriracha aioli on semolina

## shroomin' sammie \$15

add eggs \$3 Marinated portabella, fire-roasted red bell pepper, charred onion, mozzarella, spinach, balsamic glaze on focaccia

add bacon \$4 Sliced turkey, roasted tomato, herbed goat cheese, arugula, skhug sauce on baguette

### GT club \$15

Prosciutto, crispy salami, turkey, mozzarella, greens, red onion, honey mustard on focaccia

# chicken pesto wrap \$15

Grilled chicken, basil pesto, roasted tomato, spinach, feta, side of skhug sauce

# shrimp po boi \$16

Fried shrimp, sweet chili aioli, lettuce, red onion, tomato, jalapeño, pickled veggies on a baquette

## chicken salad \$15

add bacon \$4 Homemade chicken salad (bacon, shallot, celery, lemon, mayo) mixed with greens, avocado, on semolina

#### vegan banh mi \$14

add eggs \$3 Hummus, crunchy miso veggies, pickled veggies, skhug sauce on baguette

6

# blueberry hotcakes \$14

# quiche of the day \$15

Rotating daily, limited availability, served with side salad

## chilaquiles \$16

add chicken, shrimp, or steak +\$7 Tortilla chips, salsa verde, black bean, queso fresco, sunny egg\*, cilantro lime crema

## croissant french toast \$14

Moonlight Bakery butter croissant gently dipped in custard, topped with chantilly cream cheese, strawberries, powdered sugar

# garden benedict \$16

add bacon \$4 or hot smoked salmon \$7 Semolina with avocado, poached eggs, hollandaise, herbs\*

#### smoked salmon hash \$18

Heirloom potato, tomato, sweet corn, soybean, red onion, smoked salmon, poached egg, hollandaise\*

# basicb \$16

Eggs your way, roasted potatoes, choice of meat, toast or biscuit\*

c	cinnamon sugar bites \$7	cup of cashew granola \$5
5	Salamat cookies \$5	cup of soup \$5/\$8
У	ogurt parfait \$8	cup of chicken salad \$7
c	cup of fresh fruit \$6	Brussels & sweet potato \$

fries \$7 breakfast sausage \$6 roasted potatoes \$6 black pepper bacon \$6 sweet potato crisps \$7 lamb bacon \$6

yam bacon \$4 chicken sausage \$6

# Mass Ave // Brunch

# garden table

beet, carrot, apple, celery, lemon, turmeric, ginger, black pepper

We call this the gateway juice because it's vibrant, sweet, soothing, and approachable. Beets oxygenate and strengthen the blood, carrots ward off infections with their abundance of vitamin A, lemon and celery detoxify the liver, turmeric reduces inflammation, and ginger calms the nervous system. The hint of black pepper does more than complete the flavor profile, it supports absorption of the fresh

orange, carrot, apple, lemon, turmeric, ginger

Not your common orange juice, this lively blend is the ideal morning starter, brimming in vitamins and antioxidants. Boost your immune system with an abundant amount of Vitamin C combined with anti-inflammatory turmeric.

filtered H2O, lemon, maple, ginger, activated charcoal, cayenne

Flush your system with powerful detoxifying agents to reduce bloating and cleanse the liver. Feel energized from the natural sugars in maple syrup. Be sure only to drink Detox Dream on an empty stomach, as activated charcoal is like a sponge, and will disrupt the absorbency of nutrients from your food as it pushes the toxins out.

## cashew concoction \$10

filtered H2O, coconut water, cashew, spirulina, maple, vanilla bean, Himalayan pink sea salt

A luscious blend of raw cashews, hydrating coconut water, sweet maple syrup, as well as mineral-rich and detoxifying spirulina provide a boost of protein and essential fatty acids that help to repair tissue, regulate blood sugar levels, and promote satiety. A pinch of pink sea salt promotes circulation and pH balance, and deepens the intoxicating flavors of this creamy beverage.

### hoosier heater \$9

apple, orange, spinach, kale, cilantro, jalapeño, lime

This sweet and spicy blend revs your metabolism, shifting calorie burn into high gear. The citrus promotes a strong immune system and aids in tissue repair. jalapeño stimulates circulation, and cilantro strengthens your bones.

### tropic tonic \$9

pineapple, kale, spinach, parsley, lemon, aloe, mint

This refreshing, tropical, and enzyme-rich tonic supports gut health with its heavy dose of pineapple's bromelain enzyme. Parsley oxygenates the blood to enhance circulation, and fresh aloe juice supports hydration, digestive regularity, and brings a healthy glow to your skin.

# emerald elixir \$9

romaine, cucumber, celery, kale, spinach, lemon, ginger, turmeric, Himalayan pink sea salt, black pepper

Our take on green lemonade is tangy, crisp, and thirst quenching. The greens pack in antioxidants and enzymes, lemon detoxifies the liver and brightens skin, and ginger and turmeric reduce inflammation. Not only does Himalayan sea salt add vibrancy and tame any notorious "green" after taste, it promotes balanced pH. The black pepper aids in turmeric absorption.

### lush love \$9

watermelon, ruby red grapefruit, coconut water, lime, basil

Refreshing and slimming due to a robust metabolism rev, this sweet and aromatic juice revitalizes while boosting immunity and heart health. The subtle hint of antioxidant-rich basil is a compatible counterpart to succulent watermelon and coconut water.

cold pressed juice flight \$13

Four 5oz pours of your choosing

cold pressed juice sample \$4

# across the pond \$8

(hot or iced) espresso, earl grey, lemon zest

(hot or iced) espresso, banana, maple, cinnamon, nutmeg, dash of vanilla

#### butterscotch dreams \$8

(hot or iced) espresso, butterscotch, sea salt

#### everything nice \$8

hot or iced) espresso, pumpkin, vanilla, cinnamon, clove

#### honeycrisp chai \$8

(hot or iced) apple cider, Aahaa masala chai, honey, cinnamon

### witch, please! \$8

(hot or iced) matcha, blueberry, sage

#### house syrup add-ons

simple +\$.50 vegan mocha, maple, lavender, honey +\$1 vanilla bean, pistachio +\$2

#### double espresso \$4

americano \$4

macchiato \$4

cortado \$4

cappuccino \$5.50

latte \$7

mocha \$7

# bottlomless drip \$4 locally roasted from Tinker Coffee Co. nitro cold brew \$6

Tinker Coffee Co. - Indianapolis, IN

## matcha shot \$5

matcha latte \$7

chai latte (hot or iced) \$7 make it dirty +\$3

fresh mint tea (hot) \$5

#### london fog \$6

Big T NYC earl gray, lavender, with your choice of steamed milk

#### Big T NYC hot tea \$5

Caffeinated: baby it's cold outside (black blend), earl gray (black), unexpected fling (green) Herbal: ginger, chamomile, rooibos, spearmint, hibiscus

#### Elixir Kombucha

12 oz cans: rotating \$5

# Crossroads Kombucha

16 oz draft: rotating \$6

#### Soft Drinks

Coke, Diet Coke, Coke Zero, Sprite, Lemonade \$3

Jarritos Grapefruit \$4

San Pellegrino \$4.75